

IMPORTANT DATES

January 12th/13th - Now Flex Days
January 17th - Holiday - No School
Finals January 25-27, 2022
Teacher Planning Day Jan. 28th - No School

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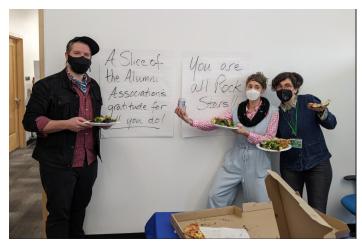
The Grant staff was treated to a surprise luncheon yesterday, provided by Grant's Alumni Association. The Association wanted to show their gratitude for all of the hard work and dedication our staff has shown to our students this school year, and in particular, over the past two weeks. On behalf of the Grant staff, Principal McGee would like to thank the Alumni Association, Blind Onion Pizza, and Amalfi's for their generosity in helping to make this happen.











SPORTS MARKETING WINS AWARD!

The Grant High School Sports Marketing class wins **Sports Career Consulting's** 7th annual National Fantasy Football Expansion Franchise Challenge!

Sports marketing classes from across the country compete in SCC's sports marketing competition. Students develop a business and marketing plan for a new NFL expansion franchise. The challenge includes six projects over the course of the fall semester. The sports marketing challenges are designed to address fundamental sports business strategies. Students are required to demonstrate an understanding of sports business principles like budgeting, marketing plans, branding, digital/social media marketing, ticket sales, public relations and sponsorship. Each challenge is evaluated and scored by a panel of industry professionals to determine the top performing class in the country. Your very own Grant High School Sports Marketing Class has been crowned the 2021 champions.









COURSE REQUEST PROCESS 2022-23

It has been inspiring to see our 9th through 11th grade students excited about requesting their courses for the 2022-2023 school year. Last week, your student was given a copy of a Step by Step Course Request Form and asked to begin completing the form and entering their requests into StudentVue. That form, a copy of which can be found through this link, explains all the steps necessary to enter course requests into StudentVue.

Counselors have begun to meet with rising 12th grader students and will meet with rising 10th and 11th grade students in the coming weeks. Please remind your student to complete their form and enter their requests into StudentVue. Information about the entire course request process, our course guides, and a FAQ can be found through this <u>link</u>.

If you have immediate questions, please do not hesitate to reach out to your student's counselor or to Scott Roosevelt, VP of Curriculum and Instruction.

PRE 9TH GRADE CREDIT REMOVAL

Credit may be offered for selected academic courses taken prior to grade nine in the pre-grade nine courses that meet the same, or equivalent, criteria as a high school course. Students must earn a grade of "C" or better, and enroll in the next appropriate course at the high school level. These grades will be factored into the student's grade point average (GPA). If a student wants a pre-high school credit removed from their transcript, they must complete the required paperwork before the end of the first semester of their freshman year. See your counselor for more information or download and print out this form and return it to the counseling office before the end of the 1st Semester of your Freshman (9th grade) year.

Pre 9th Grade Credit Removal form Click here

TEST TO STAY

As part of our ongoing commitment to increase in-person learning for all students, we are pleased to announce that in partnership with OHA/ODE we will start the Test to Stay program the first week of January of 2022.

Benefits of Test to Stay: Given the lower level of COVID-19 in schools, students exposed at school will have the opportunity to stay in in-person learning and minimize the impact quarantine has had on their education. This is called a modified quarantine and requires students to continue to wear masks during any activity that does not require its use, for example band, athletics, etc., until day eight (8). Students must remain symptom free and will be provided two tests during their quarantine period. You can help expedite the process by signing and returning the consent form for the BinaxNOW rapid nasal swab test, unless you already did it this year. Forms are available in the front office of each school.

For students who were exposed outside of the school day (at home, extracurricular activities, etc), we will have available the Test to Return process. This process will allow students to return on Day 8 after an exposure with any negative antigen or pcr COVID-19 test performed between days 5-7.

As always, vaccinated students who do not have symptoms do not have to quarantine or Test to Stay. We will share more specifics about this program in early January. 5-Step Process for Parents and Families

The above information in Spanish, Vietnamese, Chinese, Russian and Somali

OHSU COVID-19 SCREENING TESTING

K-12 students can sign up to get free weekly COVID-19, PCR tests through their school during the 2021-2022 school year. The Oregon Health Authority (OHA) has contracted with OHSU to provide these tests to participating K-12 schools in Oregon. Grant High School will be participating in this important program. Parents can Opt their students into this program by completing the attached forms (Opt in form + OHSU Authorization form) and return to the main office at Grant HS.

Please note: This partnership program has multiple steps and processes that may take 2-3 weeks before we can distribute a test kit with labels to the student. After submitting paperwork to the Main Office, students should check in every Monday for status.

Our program rolled out on November 15th and continues on Mondays (when school is in session):

Mondays -

Students pick up test kits from the main office as they leave for the day.

Tuesdays -

Students complete their saliva sample, at home, before they come to school. Then, they bring to school, the labeled saliva sample tube, in the labeled biohazard bag, and drop it off at the main office on their way into school that morning.

For additional questions, you can reach out to OHSU, via their OHSU family support email: https://www.ohsu.edu/health/k-12-covid-19-screening-program

Expectation of Communication from OHSU: **OHSU** is **committed to sending results to ALL families within 48 hours.** Positive and inconclusive results will receive a phone call; negative results will generate an email. If families do not receive their email they should check ParentVUE to ensure the correct email address is provided, and let their school know that it has been updated. For questions, please contact our Business Manager, Ms. Roberts at croberts@pps.net.

Please click this link, to learn more about this program.

COVID-19 Screening Testing Authorization Form

ATTENDANCE

For student absences, late arrivals, and early releases, you may excuse your student in 3 different ways. Please choose one way that works for your family:

- 1) Call 503-916-5171 (Attendance Office).
- 2) Email grantattend@pps.net.
- 3) Have your student bring a note to the Attendance Office.

When you notify the school regarding an absence, please indicate the following information:

- 1. Student's Name (ID# if known).
- 2. Your phone number.
- 3. Date of Absence.
- 4. Reason for Absence.
- 5. If a COVID test was done, date and result

(If absence is due to ILLNESS, please provide the symptoms. Based on the information you share, our school nurse may also need to contact you for some follow-up information).

Students arriving more than 10 minutes late to a class must sign in at the Attendance Office (outside the main office). Students leaving early must sign out in the main office, and if returning, sign back in at the main office.

Asistencia de Ausencias

Para las ausencias, llegadas tardías y salidas tempranas de los estudiantes, puede excusar a su estudiante de 3 formas diferentes. Elija una forma que funcione para su familia.

- 1) Llame al 503-916-5171 (Oficina de asistencia)
- 2) Mande correo electronico a grantattend@pps.net
- 3) Haga que su estudiante traiga una nota a la oficina de asistencia sobre su ausencia.

Cuando notifique a la escuela sobre una ausencia, indique la siguiente información:

- 1. Nombre de estudiante (ID # si conocido)
- 2. Su numero de telefono
- 3. Fecha de ausencia
- 4. Razón de ausencia
- 5. Si se realizó la prueba de COVID, fecha y resultado.

(Si la ausencia se debe a una ENFERMEDAD, proporcione los síntomas. Según la información que comparta, es posible que la enfermera de nuestra escuela también debe comunicarse con usted para obtener información de seguimiento).

Los estudiantes que lleguen más de 10 minutos tarde a una clase deben registrarse en la Oficina de Asistencia (fuera de la oficina principal). Los estudiantes que se vayan temprano deben firmar su salida en la oficina principal y, si regresan, deberán registrarse nuevamente en la oficina principal.

202I-22 YEARBOOKS

Visit the GHS Yearbook website for all things yearbook.

2021/2022 Yearbooks on sale now in SchoolPay!! \$55- Early bird price.

Price Increase Jan. 1 Order Today!

*Follow us on Instagram- ghs.yearbook.pdx

2020-2021 Yearbooks Distro Info

2021 Yearbooks are sold out. Distro continues for pre-orders.

CURRENT STUDENTS: Remaining yearbooks can be picked up **after school on B-Days**,and **during flex** in rm 277

GRADUATES AND FAMILIES: Check your email (School Pay purchaser) for a survey and info sent Nov. 2. We are trying to reach you!

2022 SENIORS YEARBOOK INFO:

Senior Portraits, Senior Quotes, and Baby Ads.

Find info on the GHS Yearbook website

2021/2022 Yearbooks on sale now in SchoolPay!!

\$55- Early bird price.

*Follow us on Instagram- ghs.yearbook.pdx

PARENTVUE STUDENT VERIFICATION

All families are required to update their student contact information each year. This can be done through ParentVue and the Yearly Verification link.

CHECK OUT GRANT'S OFFICIAL STUDENT APP!



Trivory is our **official app of Grant High School**, and although it is primarily for students, families should use it, too! This app will be used to help students stay in the know about upcoming school events and activities, school-wide announcements, weekly student video announcements, bell schedules, important dates, links to social media, and more! Download the free app through the Apple Store or Google Play. Watch **this helpful tutorial** created by our own Grant Leadership students.

On a side note, big shoutout to Terren Gurule, Roosevelt High School senior, who created the amazing app!

STUDENTS / PARENTS NEED TO KNOW

- *Bike riders*: All bikes need to be parked and locked in bike rack areas only. The safety team is asking that U locks be used instead of cable locks.
- *Student drivers*: The school parking lot is for staff and visitors only. If you park your vehicle in the Grant neighborhood please do not block driveways. You risk being towed.
- The School front doors, art building doors, and back sky bridge doors open at 8:00am.
 - The Library opens at 8:00am for students who arrive early to school.
- Students who arrive late to school will need to enter through the front doors, and then through the main office doors to check in at the attendance window in the main hallway.
- Students arriving late to the Art Building need to push the call box to the right of the entrance doors. To gain access they need to present their late pass or student ID card.
- Students leaving early need to check out through the main office, unless they have an open period at the end of the day.
- See Ms. Xochihua in the Library for StudentVue and password assistance. Unanswered questions? If you have not found the answers to your questions in this bulletin please call us at 503-916-5160 for more assistance.

<u>Advanced Placement (AP) Program</u> - We want students to know they get: Free, personal tutoring 24/7 in all AP classes with experienced, professional tutors! Here is a <u>quick overview of Tutor.Com</u> for students & families. Please talk to your AP teacher if you have any questions about this great opportunity.

VOLUNTEERING AT GRANT

Volunteering opportunities are limited at this time, but we do have "essential" needs that allow us to have some volunteers on-site for various school needs. You will need to show proof of Covid-19 vaccination.

Instructions: apply at <u>pps.net/volunteer</u> and <u>Grant HS Parent Volunteer List</u>
If you believe you are already current with your volunteer status, please contact Sue Davis, <u>sdavis@pps.net</u>, to confirm status and proof of Covid-19 vaccination.

SENIOR CORNER

Graduation preparations are underway at Grant High School.

- Graduation will be Thursday June 9, 2022 at 7:30pm. It will take place at Providence Park. At this time we do not know the number of tickets each graduate will receive.
- It is now time to order your Diploma! Please go to <u>THIS FORM</u> to submit how you want your Legal Name to appear on your Diploma. This form can only be filled out by the graduate while signed into their PPS account.
- Graduation Ceremony Prep orders will be handled by Josten's. Josten's will be mailing packets home the week of November 1, 2021
- Graduation Ceremony Prep Week November 8 -12, 2021. This is the week you want to get your orders in because 1 lucky graduate who has placed their order will receive their entire Josten's order for free.
- November 17, 2021 Josten's will be here to take in orders as well as drop off Senior swag that you ordered the week before.

For questions about Graduation please go to the <u>Grant website</u>. Once at the Senior Graduation Information site don't forget to click on the links to the left of the page. Don't see what you are looking for contact April Martin at amartin2@pps.net or 503-916-9160 ext 85307

<u>Help is needed with the Senior All Night Party planning!</u> We are looking for people to join the committee and someone to lead and delegate. It's a great way to connect with our school community. For parents of underclassmen, this is a great opportunity to "pay it forward" for our well-deserved seniors. Please reach out if you would like to join the committee. Dana Eaton: danaeaton@gmail.com

ATHLETICS

Extracurricular Activities Update:

Limited Spectators/Audiences We will limit the number of spectators/audience at each of our venues. We encourage spectators/audiences to physically distance themselves from others who are not in their household. Capacity across our venues will not exceed 50%.

PIL Athletics will provide five spectator tickets to each PPS player for both home and away games. Pending inter-league play, five additional spectator tickets will be provided to each visiting player. There will be no charge for tickets during the regular season.

Performing Arts, including music concerts and theatre productions, will be limited to 50% of the capacity of auditorium/cafetorium and common spaces. Performances held in larger spaces such as gymnasiums will follow the guidelines for Athletics outlined above.

Vaccination Requirements All visitors who are eligible for vaccinations (5 years of age and older) will be required to be fully vaccinated against COVID-19.

No Overnight Travel There will continue to be no overnight travel for athletic competitions or performances before February 4.

Concession Stands Concession stands are closed until further notice. No outside food or beverages will be allowed.

Masks Masks will continue to be worn by everyone in the venue.

New Quarantine Guidance All PPS Athletics, Activities and Performing Arts will follow PPS newly adopted public health guidelines regarding quarantining.

Live Stream For those who want or need to stay home, we are making our games available via live stream on the NFHS Network. The link is available on your school's athletic website.

Extracurricular Activities As some of our schools transition to temporary distance learning, PPS will allow a **limited number of in-person extracurricular activities to take place, including** PIL athletics and performing arts.

<u>Interested in playing softball</u>? Softball workouts Come join us on Tuesdays and Thursdays from 3:45pm to 5:00pm in the weight room for softball conditioning. For any questions please contact Coach Engelstad at <u>dengelst@pps.net</u>.

Join Grant Women's Lacrosse!!

Come join one of the fastest growing sports in the country! New players always welcome!

Registration for Grant Women's Lacrosse team is open. Official season starts Feb.28th.

TeamSnap :: Grant High School Womens Lacrosse ::

There will be a Zoom informational meeting on Feb.1st where you can meet the coaches, get important dates, learn about what to expect for the season, etc.

Topic: Grant Womens Lacrosse Info Meeting

Time: Feb 1, 2022 07:00 PM Pacific Time (US and Canada)

Join Zoom Meeting

https://us05web.zoom.us/j/84296283159?pwd=VTRBN0kxUWpTZ2JMeEJLRVI5Rm4zQT09

Meeting ID: 842 9628 3159

Passcode: CGkU5K

Please contact Heather Whiteford at **whitefordheather@yahoo.com** for more information on registration and the upcoming meeting.

FUNDRAISERS

<u>Softball Tree Recycling fundraiser</u> was a huge success thanks to the Grant community. We'd like to thank everyone who dropped off a tree and made a donation to our softball program. It is greatly appreciated!



Special Olympics Oregon has announced that the Polar Plunge will be in person this year! They are researching new locations, and it looks like the Rose City Plunge will likely be held at Willamette Park, in the Oaks Bottom area, on February 26th.

Link to join/donate The Grant Generals Team and Plunge for a Purpose with us! Special Olympics is offering some great prizes, from Gear to Airline tickets for signing up and fundraising in January.

https://support.soor.org/team/392235

You do not have to pay to sign up. Enter Promo code SOORUCS at checkout to waive the registration fee

As soon as you join, create your own fundraising page and share, share, share. The annual Plunge provides 90% of SOORs operational budget for the year. Our goal is \$2500.00 this year and we cannot get there without your help! Grant Unified programs will receive half of all funds raised.

The Portland Community Caregivers, which is a student-run club, is hosting a two-week canned food drive to help support families in Portland. You can drop off your canned goods in the boxes that will be located right next to the main staircase. All the donations that we receive will be going directly to Grant families, so we appreciate any contributions you can make. There will be a raffle for those who donate, and more information on that is on our <u>flier</u>. Also please make sure that all the food you're donating is non-perishable. If you have any questions you can email us <u>ghscaregivers@gmail.com</u>. Thank you again, and we hope you're able to contribute.

GHS RESOURCE CENTER

<u>NAMI (National Alliance on Mental Illness)</u> offers several ongoing parent and family support groups. For more information visit the website: https://www.namimultnomah.org/family-support-groups.

<u>In This Together</u> is a program that supports children, teens, and families who have experienced the death of someone close to them. Our support groups are offered at no cost to the participants. For more information please refer to this <u>flyer</u> https://www.dougy.org/grief-support-resources



Grant High School now has Confidential Advocates on campus. What does an advocate do? Advocates provide 100% confidential support to PPS youth of all genders. This includes connecting you to resources and walking alongside you regardless of whether you choose to report to law enforcement or participate in a school-based investigation under Title IX. For more information please refer to <u>Title-IX services.</u>

Students, families, and PPS affiliates are welcome to call or text our confidential advocacy hotline at (503) 809-HELP (4357). Operating hours are Monday-Friday 9am-5pm, but texts and voicemails received during off hours will be responded to promptly. We are thrilled to be offering this service as we want to make connecting with advocacy services more accessible for our whole community.

4-Star Hunger Project

The 4 Star Hunger project provides a weekend supply of nutritious food for students/families in need when school lunch and breakfast is unavailable on the weekend or school holiday. This program is funded through donations, so please consider donating (monetary, gift cards or non-perishable food items). For more information please contact Catrina Knoerzer, School Social Worker at 503-916-5160 or cknoerzer@pps.net.

Race Equity Support Line 503-575-3764

The Racial Equity Support Line is service-led and staffed by people with lived experience of racism. We offer support to those who are feeling the emotional impacts of racist violence and microaggressions, as well as the emotional impacts of immigration struggles and other cross-cultural issues.

MENTAL HEALTH RESOURCE INFORMATION:

- <u>Catrina's Virtual Office</u> (Grant school Social Worker) For more information visit our <u>GHS Resource Center website</u>.
- Reach Out Oregon Warmline 1 833 732 2467

Monday-Friday 12-7pm

Parents know how lonely it is to care for a young person experiencing emotional, behavioral and mental health challenges. It can be frightening and isolating. It's hard to know where and how to reach out for help and information. As caregivers, we have experience navigating challenges on behalf of our children and families. And as a community, we have much to offer one another. This is what Reach Out Oregon is all about, a supportive community where you will find a support team: Parent to Parent.

• Safe and Strong Helpline: 1 800 923 4357

Available 24/7 with interpretation

A collaboration of Oregon Health Authority and Lines for Life

This is an emotional support and resource referral line that can assist anyone struggling and seeking support. Callers do not need to be in crisis.

- Student Success and Health Department https://sites.google.com/pps.net/ssh-covid19/home
- Call to Safety: If you are an adult and worried about your safety at home, 888-235-5333. Interpretation line available.

- Proyecto Unica: Spanish version of Call to Safety, 503-232-4448
- Multnomah County Crisis Services: Call Center/Crisis Line, 503-988-4888 (24 hours a day, 7 days a week). Interpretation services are available.
- National Suicide Prevention Lifeline: English, 800-273-8255; Spanish, 800-628-9454 (24 hours a day, 7 days a week). Interpretation services are available.
- Oregon Youthline: For youth to connect with other youth, text "Teen2Teen" to 839863 to instantly text with another person. Interpretation services are available.
- Trevor Project: Supporting LGBTQiA+ youth. Text "START" to 678678 or call TrevorLifeLine, 1-866-488-7386
- Trans Lifeline: Supporting trans community members, call 877-565-8860
- DHS Hotline (Oregon Department of Human Services) If you are worried about the safety of a child, 855-503-7233. Interpretation services are available

HEALTH RESOURCE INFORMATION:

<u>One-Stop Resource for Food Needs</u>. <u>NeedFood.Oregon.gov</u> is a one-stop website for new and existing food needs during the pandemic.

GRANT PTA

Grant PTA Seeking Clothing Closet Volunteers for Thursday, January 27th

PPS/PTA Clothing Center, located at Marshall Campus, provides age-appropriate clothing for children needing these services. Each PPS School is responsible for providing volunteers to ensure the Center is running smoothly. The first volunteer day of 2022 for Grant HS is Thursday, January 27. We will need 5-6 volunteers from Grant to help sort and fill orders for students. The volunteer hours are 9:30am-1:30pm at Marshall (Benson HS) Campus, Room B-60. The address for Marshall Campus is 3901 SE 91st Ave.

All visitors and volunteers must be fully vaccinated for Covid and able to show proof of vaccination per PPS requirements. Volunteers will sign / check in with PTA Clothing Center.

Please send an e-mail to maarit1401@gmail.com if you are able to help. Thanks so much!

Grant PTA Seeking Volunteers to help with Spring Staff Appreciation Luncheon Planning

Warm thanks to PTA volunteer organizers Annie Gilligan and Sherri Garner and to all those who participated by donating funds or food items for our staff appreciation event before the winter break. On the heels of this success, it is time to convene a committee to plan our annual spring appreciation event. If you would like to get involved, please contact Sherri Garner at sldgarner@gmail.com.

GRANT BOOSTER CLUB - GRANT GIVES!

WANTED: Board Members at GrantGives!

Are you a parent at Grant High School? Are you committed to creating rich extra-curricular opportunities for your students and others? Are you a natural leader

with a lot of energy? Do you love connecting with other Grant parents and the greater GHS community?

If so, please consider becoming a board member at GrantGives! We have several positions open for the 2021-22 school year. Our Board meets at 6:30 p.m. on the second Monday of every month (and we're fun!). Come help us take GrantGives to the next level!

Interested or have questions? Email us at grantboosters@gmail.com or call GrantGives president Anthony Effinger at (503) 490-8524

GrantGives is the booster club for Grant High School. We're a parent-run fundraising group that supports clubs and teams ranging from robotics to lacrosse to dance to golf. We also help clubs coordinate events and raise money through our donation platforms.

Donations are always accepted at www.grantgives.com THANK YOU!!

TESTING

SAT Testing

The SAT will be administered to all 11th graders on April 13, 2022 at Grant High School

All 11th graders are automatically registered to take this test. This SAT date is only available to current Grant 11th graders.

Oregon State Testing

State Testing for all 11th graders will happen at the end of April 2022. If you wish to have your student not take part in this State Testing then you will need to fill out the Opt-out Form and return it to April Martin in the main office.

COLLEGE & CAREER CENTER

COLLEGE NEWS:

UPCOMING COLLEGE VISITS: Students can view all visits in MaiaLearning

- Portland Community College Instant Application and Scholarship Info Session: Thursday, January 20th at 2:45 pm (during Flex) in the South Forum
- Portland State University Instant Viking Day: Monday, January 24th at 2 pm in the South Forum. There will be an admission rep there to help students apply to PSU and get a same-day decision, and the \$60 application fee will be waived. Students need to register online by Thursday, January 20th at 5 pm to attend Instant Viking Day.
- University of Idaho: Wednesday, February 9th at 2:45 pm in the College & Career Center, room 128.

FEATURED SCHOLARSHIPS DEADLINES:

APIA Scholarship Program: Applications Due January 26, 2022 AT 5 pm EST APIA Scholars offers a range of scholarships to support underserved APIA students. Scholarship awards range from one-time \$2,500 awards to multi-year \$20,000 awards. For more information, and to apply, visit http://apiascholars.org/scholarship/apia-scholarship/.

Al Forthan Memorial Scholars: Applications Due February 7, 2022

The Al Forthan Memorial Scholarship is awarded to an Oregon high school senior from a family affected by alcohol or drug addiction. Affected by addiction means you have been raised by a parent or guardian who has experienced addiction or you have abused alcohol or drugs and are now pursuing recovery. One \$10,000 scholarship will be awarded in 2022, allocated in \$2,500 installments over four years.

OSAC Scholarship Application now OPEN

Early Bird Deadline: February 15, 2022 at 5 pm PST. Error-free applications will be entered into a drawing for one of several \$1,000 Early Bird scholarships.

Final Deadline: March 1, 5 pm PST. The final deadline for all application materials to be submitted.

Ford Scholars Program

Deadline: March 1, 2022 at 5 pm PST

The award covers 90% of unmet college costs and is calculated on the college's Cost of Attendance (tuition, fees, room and board, personal costs, etc.), minus other grants and scholarships.

WHO QUALIFIES?

- Residents of Oregon or Siskiyou County, Calif.
- Graduating high school seniors (or equivalent) who have never enrolled full time in a 2- or 4- year college and seeking a bachelor's degree
- Students who plan to enroll full time in the fall in their state of residence

GHS is seeking ASPIRE Mentors!

Grant has launched an ASPIRE mentor program and is seeking volunteers to help local students explore career and post-high school education options. Volunteer time is flexible and volunteers will receive training and continual support from the ASPIRE Coordinator and site staff. If you are interested in becoming an ASPIRE mentor, you must complete the following steps:

- Complete the PPS Volunteer Application: https://www.pps.net/volunteer
- Complete the ASPIRE Mentor Application: https://docs.google.com/forms/d/e/1FAIpQLSeFD5eNDmKEUt1KUWC_HEAMTX AStgYBAlnILR22m4uERkQUjQ/viewform
- Contact the ASPIRE Coordinator, Mary Beth Snell, to set up a meeting time: msnell@pps.net

AND SOME CAREER EXPLORATION EDUCATION AND INSPIRATION:

1. What are "PLRs"?

Freshman, Sophomore and Junior students - y'all have been reviewing your transcripts this past week in preparation for forecasting classes for the 2022-23 school year. Did you see a section on "PLRs" and wonder about that? Well, in addition to meeting credit requirements, all Oregon high school graduates must complete "PLRS" or "Personalized Learning Diploma Requirements". These are your Career Related Learning Requirements: by the time you graduate, you need to have completed 2 Career Related Learning Experience Reflections, created a Resume and written a My Plan Essay. Completion of each student's Personalized Learning Requirements (PLRs) is tracked by Ms. Kokes, our Career Coordinator, through Synergy.

2. How does Career Related Learning happen at Grant?

We build in lots of infrastructure for students to explore careers, from their Freshman *Community Career Fairs* to working alongside professionals in a Career Technical Education (CTE) class to actually heading out to visit workplaces and industry leaders via *Career Days*. Note, with the on-going COVID pandemic we have had to pivot to virtual career talks and events but we hope to get back to in person activities soon! Information on registering for these virtual events and other happenings across the Portland area is always included in the Friday Bulletin and posted on our GHS College and Career Central Instagram feed. See below!

3. Next week's Future You 2 Go Career Talks - if you would like to attend one of these talks, check in with your teacher to them know you're attending a virtual career talk, come to the College and Career Center, Room 128, for viewing and we'll give you a pass to get back to class:

Wednesday, January 19, 2022 from 12:00pm-12:45: Career Presentation-Anthony Arias, Footwear Curriculum Developer/Design-Pensole Lewis College.



Have you ever considered a career in athletic shoe design? Anthony Arias is the Footwear Curriculum Developer/Design for Pensole Lewis College of Business & Design, which is the pipeline HBCU for career education and professional development in the design industry. Learn about Anthony's individual career pathway and how he became an instructor for Footwear Design. Please have paper/pencil available if you are planning to attend. Connected Careers: Design, Education, Business, Sports Apparel/Footwear

Click to join the session on Wednesday, January 19th at 12:00pm Wednesday, January 19, 2022 from 1:00pm-1:45pm: Post-Secondary Presentation-PCC Exercise Science-



With increasing obesity, disease, and medical costs associated with inactivity, the importance of highly qualified fitness professionals has never been greater. Better health and fitness translates to fewer sick days, lower insurance rates, and an overall improvement in personal and professional lives.

The Oregon Employment Department forecasts Portland area employment of fitness trainers will grow 14.6% through 2027. The Portland Community College Exercise Science program, located primarily at the Sylvania Campus, provides high-quality education and practical experiences to prepare you to successfully join the workforce as a fitness professional. Connected Careers: Exercise Science, Group Fitness, Personal Trainer, Yoga Teacher

Click to join the session on Wednesday, January 19th at 1:00pm

Wednesday, January 19, 2022 from 2:40pm-3:25pm: Career Presentation-Katrine Lofberg, Pediatric Surgeon-OHSU.



Dr. Katrine M. Lofberg is a pediatric surgeon and an assistant professor of surgery in the Division of Pediatric Surgery in the OHSU School of Medicine. She has expertise in neonatal surgery, surgery for cancer and diagnosing and managing congenital anomalies — abnormalities that babies are born with and that affect the way they look or how their body develops or functions. Learn about Dr. Lofberg's career and how she earned her M.D. from the University of Washington and completed her residency in general surgery at OHSU. Connected Careers: Pediatric Surgery, Surgery, Healthcare Careers Click to join the session on Wednesday, January 19th at 2:40pm

4. The summer 2022 Bank of America Student Leaders Program is a fabulous opportunity for high school juniors and seniors that includes a paid internship and all-expense paid trip to Washington DC!*

Since its inception in 2005, the Bank of America Student Leaders Program has recognized more than 3,000 exemplary high school juniors and seniors who have a passion for improving their communities. The program recognizes community-minded students by connecting them to employment, skills development leadership training and service through two components:

- A summer eight-week paid internship with a local nonprofit organization. This internship is designed to provide opportunities for the students to develop and apply leadership skills through hands-on work experience, while raising their awareness of community issues addressed by a local nonprofit organization.
- The week-long, all-expense paid Student Leaders Summit in Washington, D.C. Conducted in partnership with the Close Up Foundation, the Summit introduces students to aspects of civic, social and business leadership and provides them with knowledge and skills they will use throughout their life to create positive community change.
- Please note the application deadline of January 28, 2022. Students can apply for the program by going to www.bankofamerica.com/studentleaders.
- 5. Are you an entrepreneur? Engage with other like minded students at the Portland Rotary Club sponsored Enterprise Academy a weekend-long camp at Camp Kuratli from Friday, March 4th through Sunday, March 6th. Coached by local professionals, you'll work in teams to create a product, write a business plan and then pitch your plan to a panel of judges for prizes. This is fun, a great way to build leadership and collaboration skills and get inspired by true stories of entrepreneurship from successful Portland area business leaders. HOW TO **REGISTER?** Go to this link to register NOW! https://bit.ly/EnterpriseAc-2022
- **6. Work for Environmental justice!** The EPA has opened its President's Environmental Youth Award Competition. If you have an existing environmental stewardship project or an idea for a project, consider entering! Projects must be started in 2021 and submitted by

Friday, February 18, 2022. See all details online: https://www.epa.gov/education/presidents-environmental-youth-award

7. SENIORS! Register for the National Virtual Gap Year Fair happening January 18, 2022.

LIBRARY NEWS

BRING LIBRARY & TEXT/BOOKS BACK

With the end of the semester just two weeks away, it's time to start returning library and textbooks that are hanging around - under beds or car seats and various other places.

If you cannot find a book or have any questions, please email the library:

Teacher Librarian: Paige Battle - pbattle@pps.net

Library Assistant: Jennifer Xochihua - jxochihu@pps.net

POETRY OUT LOUD - FEBRUARY 3rd

<u>Poetry Out Loud</u> is a recitation competition for high school students across the country. Any student who wants to compete in Grant's school-wide competition on February 3, 2022, should fill out this <u>registration form</u> no later than **Friday, January 14, 2022**.

7TH ANNUAL STORY SLAM - FEBRUARY 17th

The 7th Annual Story Slam - Amazingly True Tales will be held on **Thursday**, **February 17th** @ 7 p.m.

This year's story theme is **LUCKY**. Any student who is interested in sharing a story at this year's slam,

should fill out this <u>registration form</u> no later than **Friday, February 4, 2022.**

For inspiration, check out this previous <u>school slam</u> and <u>district-wide high school slam</u>.

STUDENT ACTIVITIES

GHS Student Club Directory Now onLine!

The 2021-22 **GHS Clubs Directory** can now be found on the school website <u>HERE</u> and on the Trivory app under the resources section - it's not too late to join groups and bond over common interests!! For any questions about starting new clubs, please visit the website or contact Erin McNulty (emcnulty@pps.net), Student Activities/Leadership.

STUDENT STORE

The Student Store is open for students for the first 15 minutes of lunch. They also offer a limited selection of brand-new items online. There will be more items and specials posted soon. Thanks for your school-spirit and for supporting the Grant High School community.

Start shopping now!

https://www.instagram.com/ghs.studentstore/

https://twitter.com/GHStudentstore

CONTRIBUTING TO GRANT

Grant High School is able to offer enhanced learning opportunities for students because of your support and contributions. We are very thankful for your commitment to our programs and the success of our students. Families are not required to contribute.

To contribute: Please use <u>SchoolPay</u>. This is a PPS online web tool that allows families to make contributions without having to make a special trip to the school or send a check. It also provides the convenience of paying by Visa, MasterCard or Discover Card online. There is no additional fee for using SchoolPay. If you do not see your student's class listed, please feel free to contribute to the **Grant Classroom Support link** in SchoolPay. There is also a **General School Donation** link to support student learning and engagement.

Here is the <u>link</u> to a list of suggested contributions. If you have any questions regarding SchoolPay, please contact our Business Manager, Cynthia Roberts, at <u>croberts@pps.net</u>

DONATIONS NEEDED FOR CLASSROOM SUPPORT - Grant needs your help with keeping our classrooms supplied. The following items are what we are currently in need of:

Marker sets of 10 or 12 colors Post It's 3 x 3 multiple colors Glue Sticks Index Cards 3 x 5 Index Cards 4 x 6 Face Masks Sharpies - regular size in black Sharpies - Large black

STUDENT ID/HOP PASS ASSISTANCE

If your HOP Pass is not working please contact the school, not Trimet, to help you with any issues you may have with the card. If you have lost your card please contact Trimet's Lost and Found (503-962-7655) to see if they have the card. If they do not have the card contact the school to have another one printed for you. Also, if you have a new card made and then find your old card do not destroy it, hold onto it. If you lose the new one we can always reactivate the old one. Contact Michelle Broy at mbroy@pps.net for all HOP Pass issues.

NEWS FROM OUR SCHOOL NURSE

Multnomah County is holding some vaccine clinics beginning Dec 8th.

Students can catch up on routine immunizations that may have been missed during the pandemic, plus get the COVID vaccine.



<u>The school and the health room staff continue to monitor</u> for COVID and excludable illnesses. Thanks for keeping us updated. Call or email attendance when your student is out with illness, has tested positive for COVID-19 or been in close contact with a COVID-19 positive individual. Also notify attendance for anticipated prolonged absences. See directions and contact info here <u>Grant attendance</u>

Nemours <u>kidshealth.org</u> is a trusted resource for health information. They report "now that millions of people have gotten a COVID-19 vaccine (including children), it's clear that they're safe and effective when given with other vaccines." It's also believed this could be a tough flu season as we are now back to work and school. It is recommended that students and adults get the flu vaccine.



The following high schools have Student Health Centers:

Benson @Marshall campus, Centennial, Cleveland (recently reopened), David Douglas, Franklin, Jefferson, McDaniel, Parkrose and Reynolds. Phone numbers and locations can be found at the hotlinks below Clinics operated by Multnomah County Student Health Centers OHSU student clinic at Benson

LOST AND FOUND ITEMS

All Lost and Found items can be found in either the hallway outside of classroom 031, or in the Main Office. If you've lost any clothing items, shoes, water bottles, or other accessories please check the Lost and Found area outside of room 031. If you've lost a smaller item, such as keys, wallets, Student ID card, glasses, jewelry, earbuds, etc. then you'll need to check at the Main Office.

NUTRITION SERVICES

All PPS students eat breakfast and lunch for FREE. Students will receive 1 breakfast and 1 lunch. Menu information, along with allergy and carbohydrate counts can be found in the drop down menu below.

Households financially impacted by the Coronavirus (COVID-19) may be able to qualify for The Supplemental Nutrition Assistance Program (SNAP). SNAP offers food benefits to eligible, low-income individuals and families. Find out if you are eligible and how to apply for food benefits by clicking here. For more information or support, please contact the Nutrition Services department at 503-916-3399 or nutritionservices@pps.net

SAFEOREGON TIP LINE

SafeOregon was funded by the Oregon Legislature as part of a statewide effort to improve school safety. It provides a secure means for anyone to anonymously report suspicious or imminently unsafe situations, such as threats of violence, fights, drugs and alcohol, weapons, bullying, harassment, intimidation or self-harm. Anyone, from students to parents to community members, can access the system in a variety of ways, including:

- > The "Report unsafe behavior" button found on every PPS school's website
- > The SafeOregon website https://www.safeoregon.com/
- > A live call/text (844-472-3367)
- > An email to tip@safeoregon.com
- > The mobile app that can be downloaded from your Smart Phone via iTunes or Google Play

Trained staff are available 24 hours a day, 365 days a year, to respond. Please be sure to share this information with your friends and family. Remind your students: **If you see or hear something, say something – immediately.**

PPS COMMUNICATION TOOL

PPS has shifted family, student and staff communication to a new tool that gives schools the ability to send texts about emergencies, closures, delays and other important news. To receive text notifications, you must opt in to the service. **You opt in by texting YES to 68453.** Parents and students should confirm their cell numbers listed in the student information system. Staff should confirm their cell numbers are the "primary" number in the PeopleSoft system. For more information about texting, go to www.pps.net and click on the "Mobile First" button.